

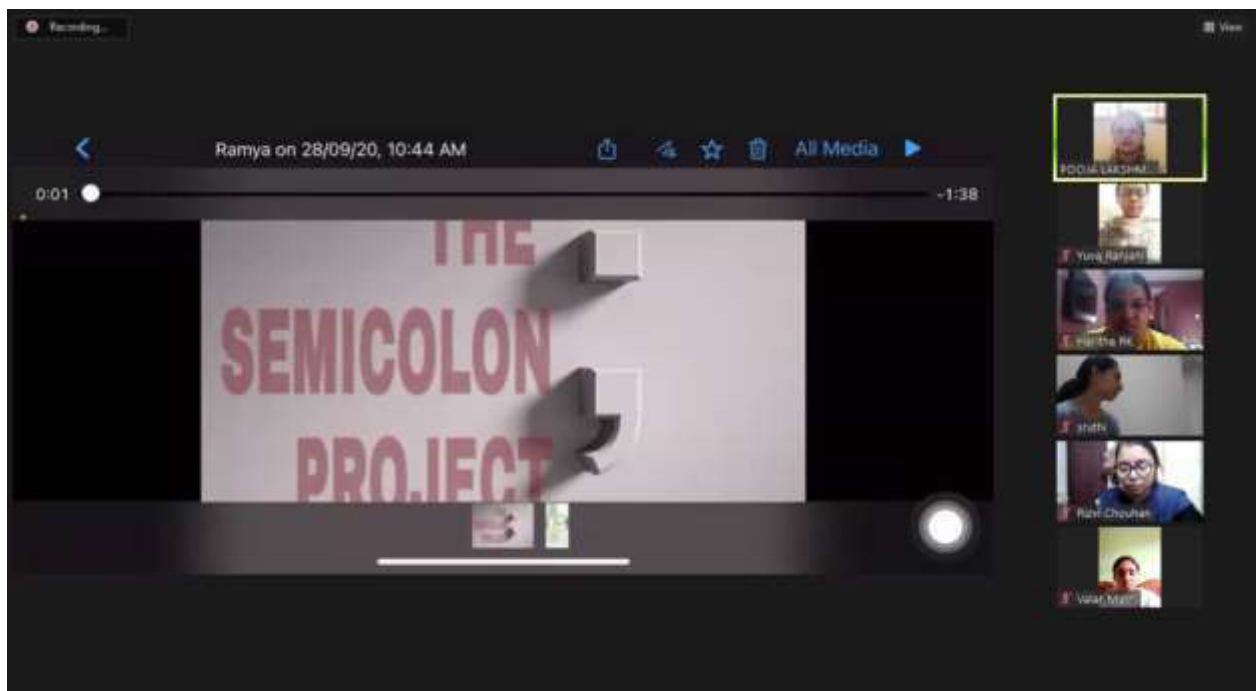
NATIONAL SUICIDE PREVENTION MONTH
SEPTEMBER 2020

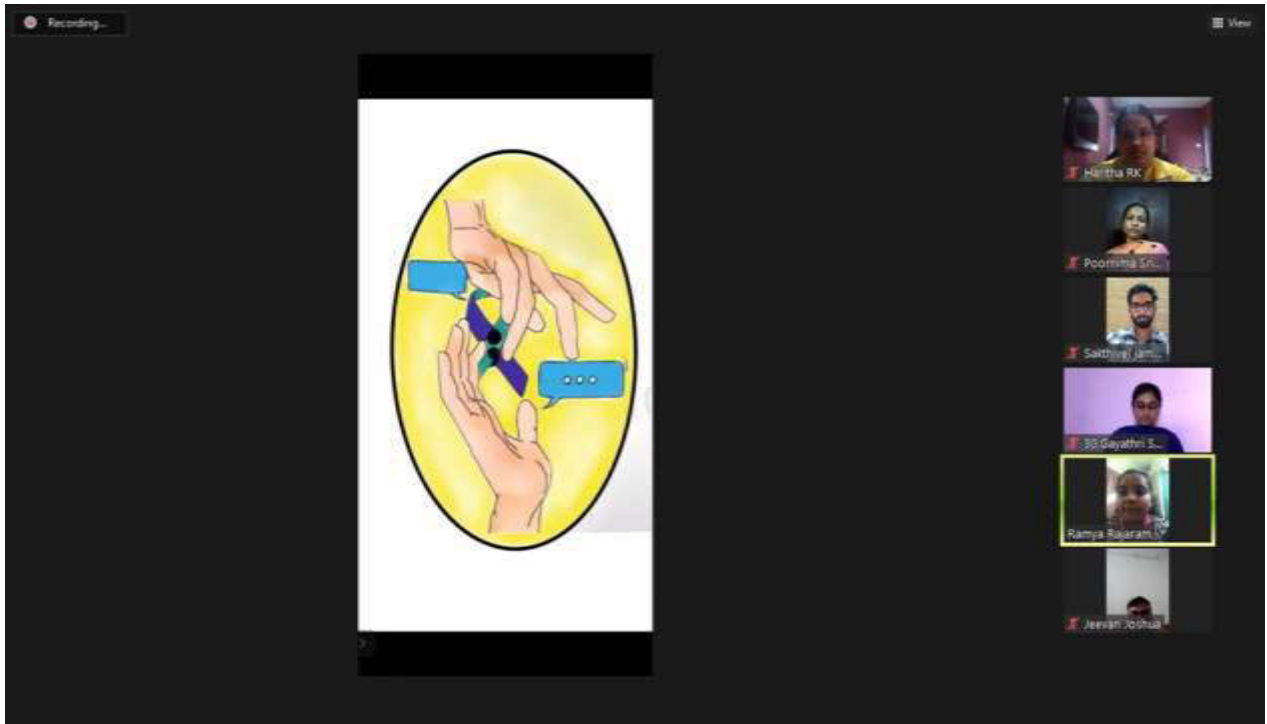
DATE: 28.9.2020,30.09.2020	ORGANISING BATCH: J BATCH INTERNS
FACULTIES PRESENT: DR JAGANNATHA DR NAGAPPAN DR NAGALAND DR CYRIL BENEDICT	NUMBER OF INTERNS PRESENT: 24
NUMBER OF STUDENTS PRESENT: 20	VENUE: E-event

SUMMARY

A special event on **NATIONAL SUICIDE PREVENTION MONTH** was organised to enlighten people about one of the tabooed topics that we often fail to communicate about. It started with a small introduction and logo presentation

followed by an e-survey presentation highlighting the myths surrounding suicide in people's minds. There was a video presentation on the semicolon project which was based on an Instagram handle "SEMICOLON"-indicating that life has to move on. Also there were a few games designed to illustrate the various coping strategies that are usually used to distract and calm the minds in times of extreme stress. An Instagram based e-photography and art contest was conducted among the general public on the topics HOPE and SEMICOLON to imbibe positive thoughts and a video of a virtual human chain was done indicating that professional help is always available in times of need.





A screenshot of a Zoom meeting displaying a Google Forms survey titled "NATIONAL SUICIDE PREVENTION". The survey has 141 responses. The first question is "1. People who threaten to commit suicide are just seeking attention." with a pie chart showing 68% (blue) and 32% (orange). The second question is "2. People who threaten to commit suicide are just seeking attention." with a pie chart showing 68.1% (blue) and 31.9% (orange). The third question is "3. All young people with suicidal thoughts are depressed." with 141 responses. The right sidebar shows participants: Malachyathi, SO Gayathri S..., Rishi Fasal, Rizvi Orouhan, 22 Chitharuru..., and 28 Divya Dha... The bottom toolbar includes options like Mute, Stop Video, Participants (41), Chat, Share Screen, Pause/Stop Recording, Reactions, and Leave.

A screenshot of a Zoom meeting showing a video of a busy street with many buses and cars. The right sidebar shows participants: Malachyathi, Sharmista K..., Viji P..., Jagathi..., Raj..., and Venk... The bottom toolbar includes options like Mute, Stop Video, Participants (41), Chat, Share Screen, Pause/Stop Recording, Reactions, and Leave.



#suicidepreventionmonth



133 likes

lakshaa_paten "Think outside the box" 🌈👉!!
#suicidepreventionmonth @phd_chettinad... more



phd_chettinad



Liked by ranisanthiya_suresh and 29 others

phd_chettinad Online contest for celebration suicide prevention month - 2020.... more

September 22



phd_chettinad



phd_chettinad



my
story
isn't
over



Liked by lakshaa_paten and 59 others

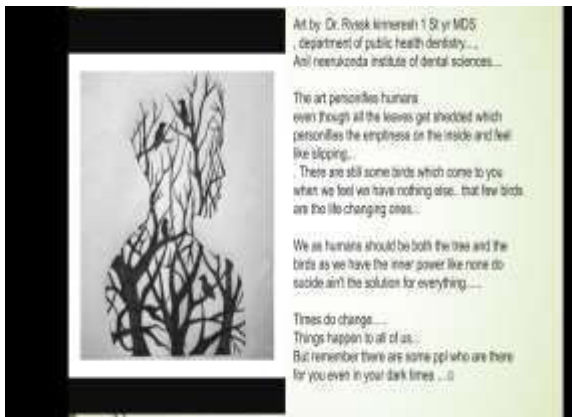
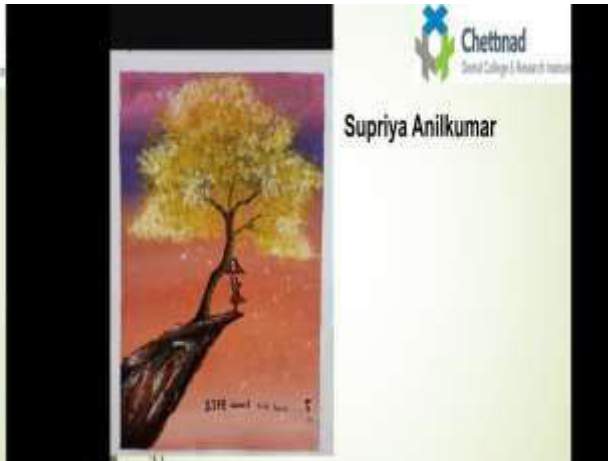
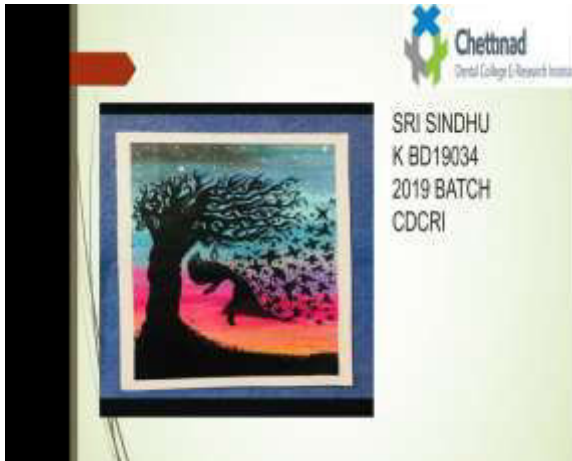
phd_chettinad The semicolon project -... more

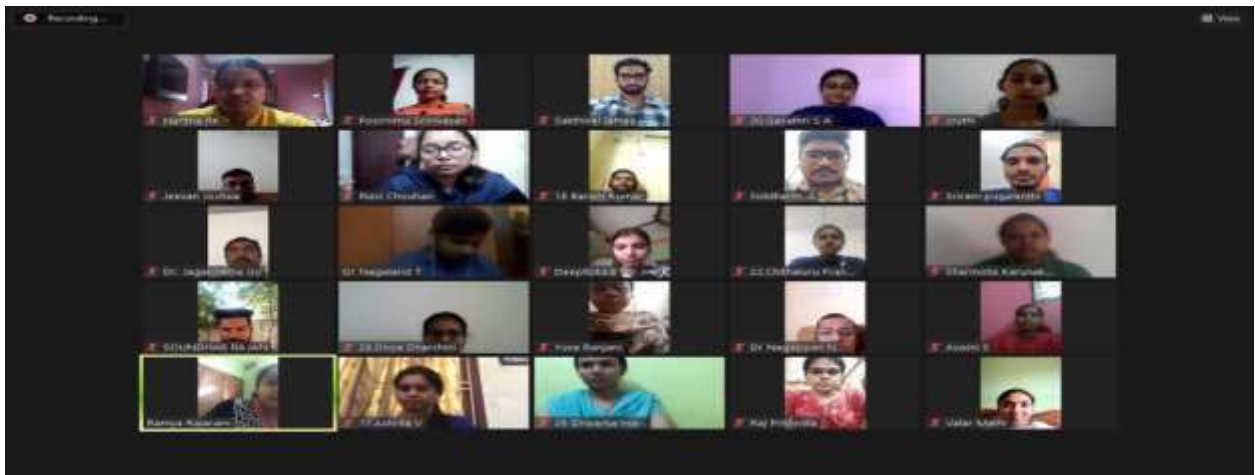
September 25



Liked by lakshaa_paten and 59 others

phd_chettinad The semicolon project -... more





Participants (40)

- Find a participant
- RF** Rishi Foyal
- RC** Rizvi Chohan
- sa** sai sruthi HN
- SJ** Sakthivel James
- S** Shahana Fatima
- SK** Sharmista Karunakaran
- SJ** Siddharth A.
- SR** SOUNDHAR RAJAN
- S** Sriram pugalethi
- S** sruthi
- st** stelly Selasin
- S** Sumithra, ...
- V** Valar Matti
- Y** Yameen N.
- J** Juganthe darai

Invite

Participants (40)

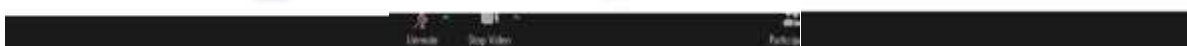
- Find a participant
- JK** Jharita RK (M)
- R** Isha Rajani (H)
- DJ** Dr. Jagannatha GV
- T** Dr. Nagaland T
- V** V Ajanta V
- K** K Karthi Kesar
- P** P Chithambaram Prakash
- F** F Chandrani F
- DD** Dr. Divya Chandan
- N** N Gayathri N
- SA** Dr. Gayathri SA
- S** Anvika S
- J** Jenicy Joseph Jaj
- J** Jeevantharaj Jayaraj
- D** Dakshin D

Invite

Participants (40)

- Find a participant
- D** Dhivyashri D
- ma** Dhwanika ma
- B** Divya Bharathi
- N** Dr. Nagappan N
- GV** Dr. Jagannatha GV
- A** Anvika A
- POOJA** POOJA LAKSHMANAM
- PS** Poornima Sriroozan
- R** Raj Prithvika
- RR** Raima Rajaraj
- S** Rani Santhiya Suresh
- RF** Rishi Foyal
- RC** Rizvi Chohan
- sa** sai sruthi HN
- SJ** Sakthivel James

Invite



WORLD ROSE DAY- WELFARE FOR CANCER PATIENTS

SEPTEMBER 22nd, 2020

DATE: 30.09.2020	ORGANISING BATCH: L BATCH INTERNS
FACULTIES PRESENT: DR NAGAPPAN DR. CYRIL BENEDICT	NUMBER OF INTERNS PRESENT:25
NUMBER OF STUDENTS PARTICIPATED:25	VENUE: E-Event

THEME FOR THE WORLD ROSE DAY

“ ITS NOT JUST YOU, ITS US ”

Today, most people with cancer are treated in the outpatient setting – they don't have to stay in the hospital. During this time they often need help, support, and encouragement.

Many studies have found that cancer survivors with strong emotional support tend to better adjust to the changes cancer brings to their lives, have a more positive outlook, and often report a better quality of life. Research has shown that people with cancer need support from friends. You can make a big difference in the life of someone with cancer.

Friends of people with cancer often want to help, but don't know what to do.

As we spend time with our friend and learn more about how cancer is affecting their everyday life, keep our eyes open for other things we can offer. See how our friend responds to different activities, and know that the situation may change as treatment goes on. Tailoring our help to what they need and enjoy most is the best way to be a friend. The motive of this event is to spread love and support to the cancer patients and survivors. Let's join hands and support our warriors.

EVENTS

In order to provide awareness about this day and to render our great support to our cancer survivors, we planned something events which is motivating and also a way of our support to the warriors .We celebrated this event on 30th September from 11.30 am to 4 pm. The faculty members, house surgeons and PGs posted in the Department of Public Health Dentistry took part in the event.

The various events that were organised are as follows:

1. Logo n badge
- 2.Game - Find me in four, Glance and frame
- 3.Patient video - Dentube
4. poster presentation on Move away from cancer
- 5.Motivational video by cancer survivors and quotea video by interns
- 6.Quotes contest

1. LOGO AND BADGE BY SHAHANA FATHIMA



WELFARE OF CANCER PATIENTS
SEPTEMBER 22, 2020

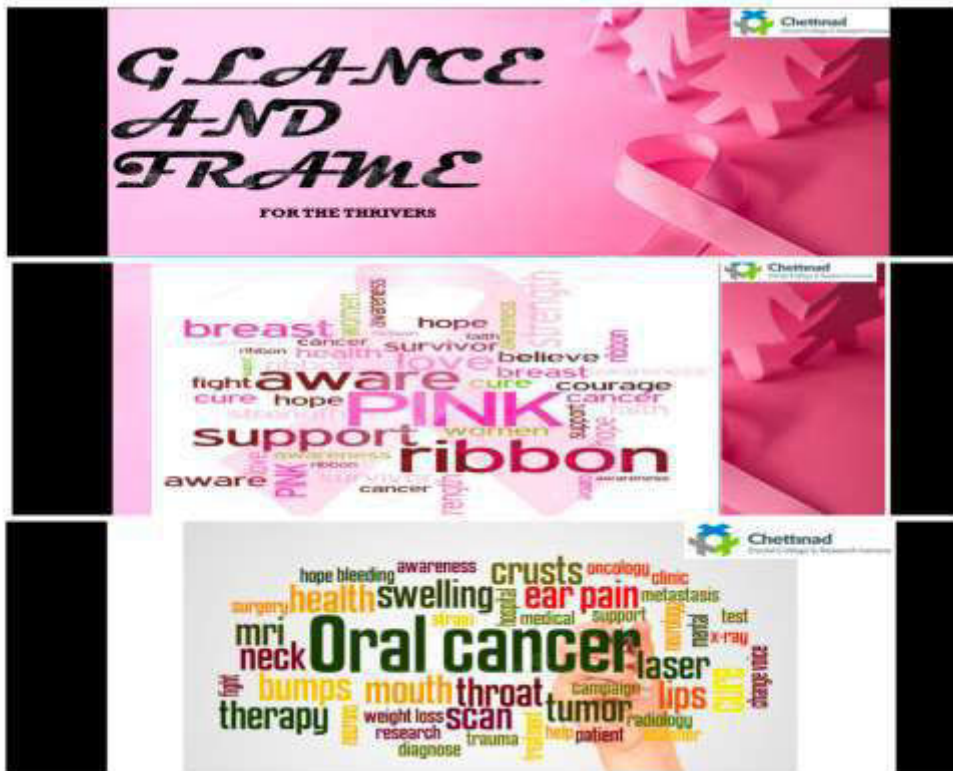
DEPARTMENT OF PUBLIC HEALTH DENTISTRY
& SUPER SPECIALITY

DEPARTMENT OF PUBLIC HEALTH DENTISTRY
& SUPER SPECIALITY



2) FIND ME IN FOUR AND GLANCE AND FRAME BY RANISANTHIYA. S AND POORNIMA. S






3. DENTUBE - PUBLIC VIDEO:



4. POSTER PRESENTATION ON MOVE AWAY FROM CANCER.


 Chettnad
University of Health Sciences

MOVE away from cancer

There is strong evidence that higher levels of physical activity are linked to lower risk of several types of cancer

PERKS OF PHYSICAL ACTIVITIES

- Destroys cancer cells
- Prevents cancer spread
- Keeps immunity in check
- Reduces adverse events related to cancer treatment.
- Enhances curative effects of cancer treatment
- Increased survival rate post treatment



PHYSICAL ACTIVITY

REPRODUCTIVE HORMONES

METABOLIC HORMONES

INFLAMMATION

IMMUNE FUNCTION

CANCER PREVENTION


● Aerobic Exercise
● Resistance Training
● Endurance/Interval/Speed
● Strength/Interval/Speed
● Interval/Speed
● Interval/Speed

ADULTS

150 to 300 minutes of moderate-intensity aerobic activity, 75 to 100 minutes of vigorous aerobic activity, or an equivalent combination of each intensity each week.

CHILDREN AND ADOLESCENTS

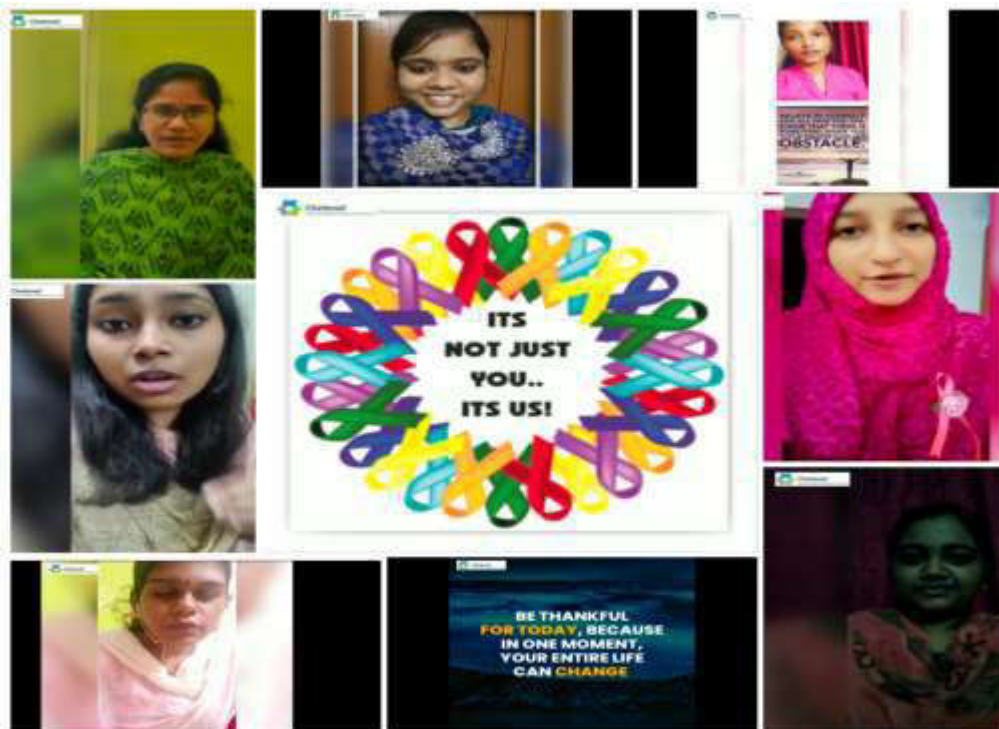
Should engage in at least 1 hour of moderate- or vigorous-intensity activity each day.



Wang Q, Zhu W. Roles and molecular mechanisms of physical exercise in cancer prevention and treatment. *Journal of Sport and Health Science*. 2020 Jul 30.

G. Jeevan Joshua, CRI
Department of Public health dentistry, CDCRI

5. QUOTES VIDEO



6. MOTIVATIONAL VIDEO BY CANCER SURVIVORS by POORNIMA



7. QUOTES CONTEST :

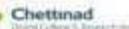
As a part of this event, we conducted an online contest for slogans, quotes and poems in both Tamil and English on the theme " ITS NOT JUST YOU, ITS US " & " HOPE".



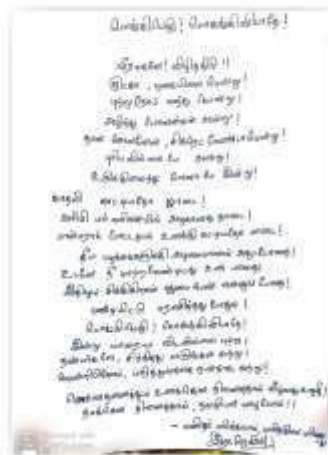
It's not a game, it's your life....
 you can't make a couple of
 attempts to die
 But you can make a ample of
 attempts to strive and reach
 the best....
 Don't just quit like in a game...
 Keep playing till you reach
 your goal, and for that
 "Set your goals higher"
 Each life matters..
 - THOUSEEF AHMED



W-WIN
 A- AND
 R-RISE
 R-ROAR
 I-IN &
 O-OUT,
 It- just RULE the world,
 You are a warrior,
 yes you are..
 It's not just you, it's US
 altogether to win the battle..
 you beared all the pains
 to live like us,
 your body is drugged for a good cause,
 you ignore the negativity
 And lead through the path of positivity
 you are an inspiration,
 Yes you are,
 A TRUE WARRIOR
 - Sahana Baskaran



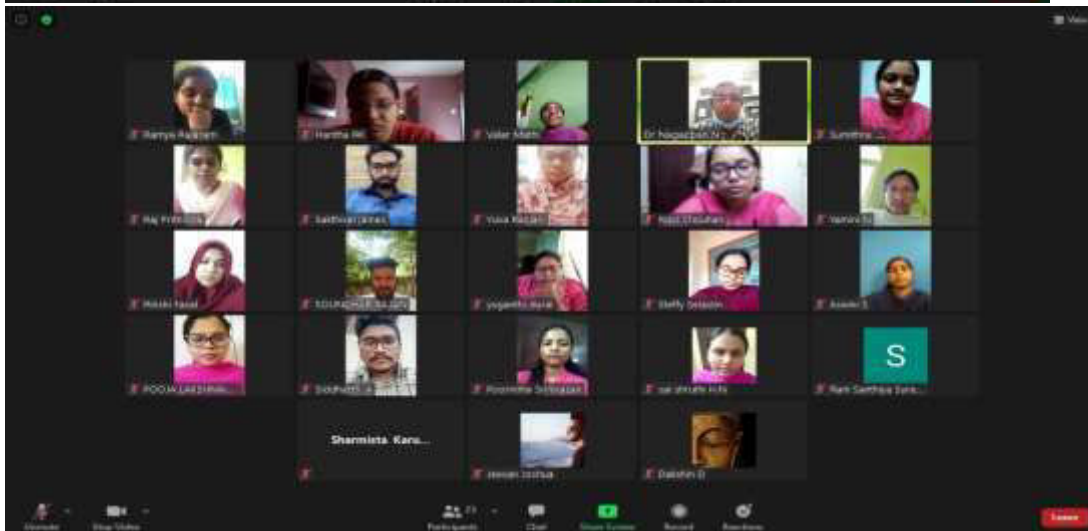
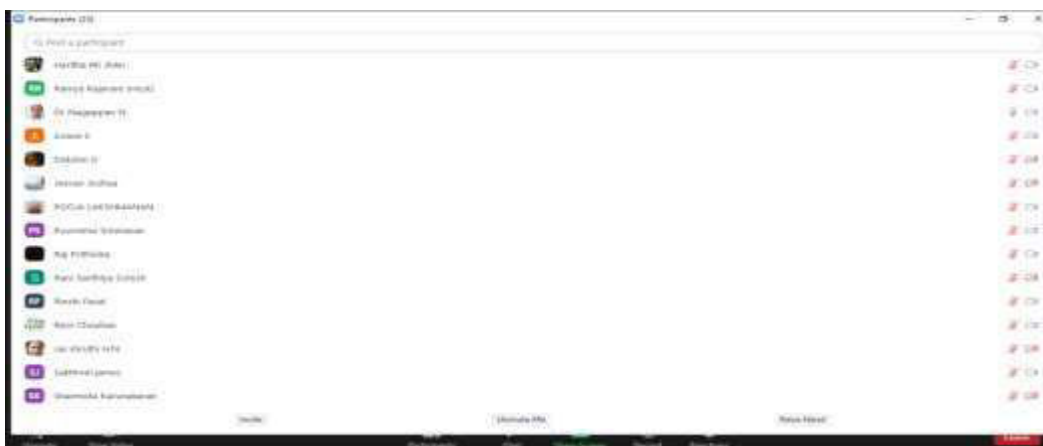
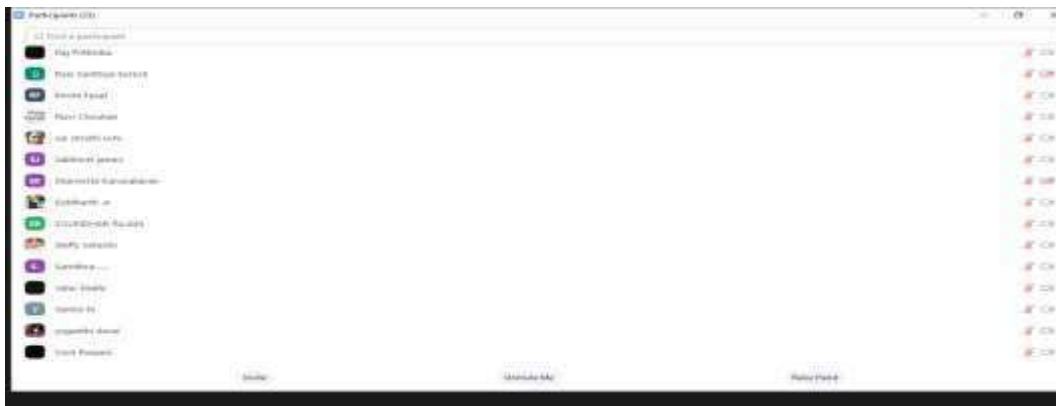
I thought it was the road not taken
 But Later when I was on the road I
 realized, this is the road least maintained
 but used more;
 About 9.6 million die of cancer every year,
 we cannot undo the cancer,
 All we can do is perpetuate our support!
 You dont have cancer all you have is extra
 cells and tissue that we will eliminate....
 - Supriya, 3rd year

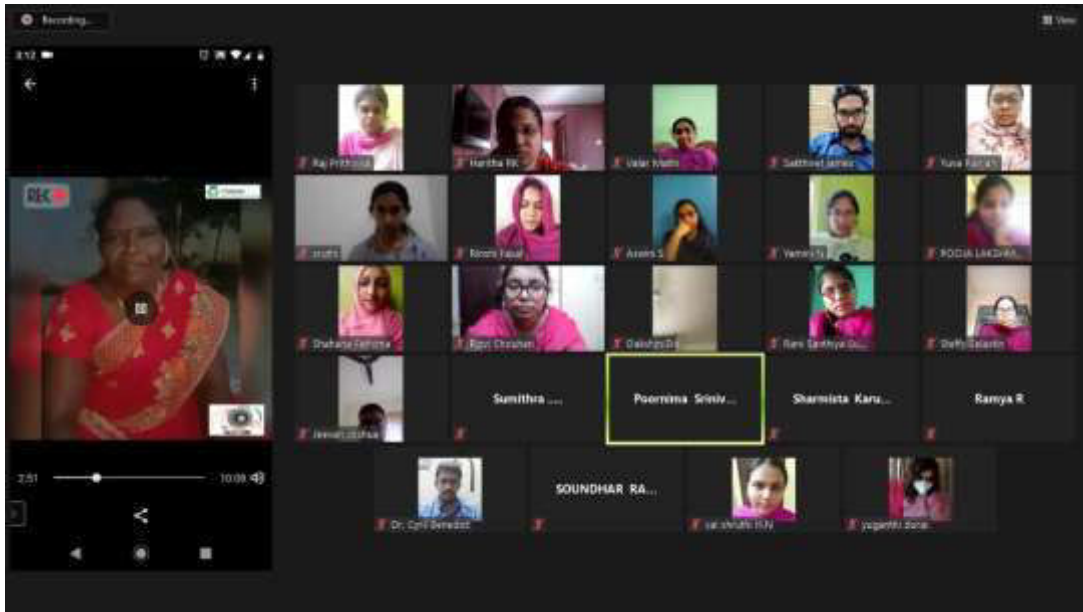


இவ்வழிகில் யாழ்ப்பாண நகரில் இலகுவை ...
 யார் சவ்வாறு எழுது இறப்பர் எழுது நகரில்
 இயலவை.
 சிலர் யான அழுத்தத்தில் இறக்கின்றனர்.
 சிலர் எரித்தலில் இறக்கின்றனர்...
 மற்றவரை யார்த்து தள்ளலை தடுத்ததி
 செய்வதை விட்டு.
 தள்ளப்படுகின்றவாறு போன்றவோம்...
 இவ்வழிகில் நாம் இருக்கும் போதும் இறந்த
 போதும்
 நமக்கென நன்றாக போ இருப்பாற்போலில்.
 நம் கார்த்தவை சிறப்பானது.
 குடியாட்சி செய்வதனை ஆதரித்து நமக்கும்
 குடியாட்சியோம்.
 வாழு... வாறு... வாறு.



- தளர்வுரைகதை





DEPARTMENT OF PUBLIC HEALTH DENTISTRY

THE INTERNATIONAL WEEK OF THE DEAF



Date:11-10-2020

Batch:E batch,Final year BDS

Event conducted in: Online for dentist's

ITINERARY OF EVENTS

04-10-2020:Selection of "The international week of the deaf"

06-10-2020: Logo designed

Allotment of works among batchmates

07-10-2020:Ppt presentation and posters done

Games and memes done.

Pre-Event preparation images:



Why "The international week of the deaf?"

The International Week of the Deaf is celebrated through various activities by Deaf Communities all around the world. These activities and events welcome the participation of all members of deaf communities, which include families of deaf people, professional and accredited sign language interpreters, peers, as well as the involvement of various stakeholders such as national governments, national and international human rights organizations, and Organisations of Persons with Disabilities.

The theme of the 2020 International Week of the Deaf will be “Reaffirming Deaf People’s Human Rights” This year, we want all stakeholders to unite in endorsement of the need to secure and promote the human rights of deaf people! Affirm your support for full human rights for all deaf people by signing the WFD Charter on Sign Language Rights for All!

LIVE WEBINAR:

- Conducted by Priyadharshini.A,Srinivasa Raghavan,Sahana shree,Raksha.
- The live webinar is mainly conducted for other dental college students.
- The main purpose behind conducting this live webinar is to teach some common sign languages to budding dentists.
- The chief guest,V.R.Mathivannan,Asst professor in NIEPMD gave us an elaborate view about handling deaf patients in dental clinic.
- In this webinar,American sign languages were taught by Priyadharshini.A and OHI video for deaf patients have also been projected.
- <https://drive.google.com/file/d/1v17av2qrgmgsSkTajfVBZIL7WdunmEBT/view?usp=sharing>
- <https://drive.google.com/file/d/16vmlaQtAxMJgzLD7e3UbYAEAr6vODoSC/view?usp=sharing>
- <https://drive.google.com/file/d/10CEDNixRtWc7Cpn7q6vhRF28WuBsWHT/view?usp=sharing>



LIVE WEBINAR
ON OCT '09
THIS FRIDAY
6:00 PM

RESTORING THE VOIDS OF VOICES BY SIGNS

IN PROMOTING THE KNOWLEDGE ON DENTAL CARE
FOR THE DEAF PATIENTS

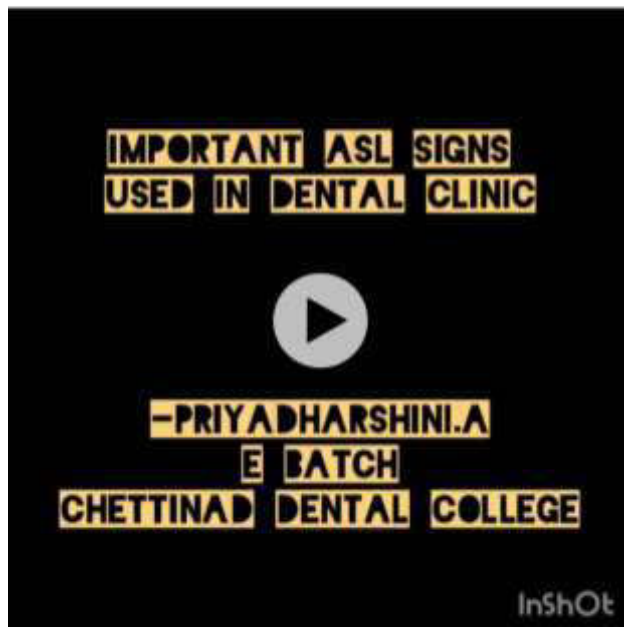
WE THE BATCH E COORDIALLY INVITE YOU ALL
FROM DEPT. OF PUBLIC HEALTH DENTISTRY,
CHETTINAD DENTAL COLLEGE
BY SAHANASHREE, SRINIVASAN,
PRIYADHARSHINI, RAKSHA.



Zoom ID: 802 225 6862
PASSWORD: 1234

#DEAFDHEAR

www.inshot.com



1) SONG

- The song is sung by Savitha, Santhini, Sahana, Srinidhi

- This song is dedicated to all hearing impaired people all over the world.
- Link:https://drive.google.com/file/d/1AnJMP55C6md6_t1DFRhRXQ5I5fm0Q75G/view?usp=drivesdk

2)INTRODUCTION

- 3 Introduction speech was given by Sneha
- 4 A clear explanation about the importance of this week and list of events has been described.
- 5 All the staffs were addressed and welcomed with due respect.



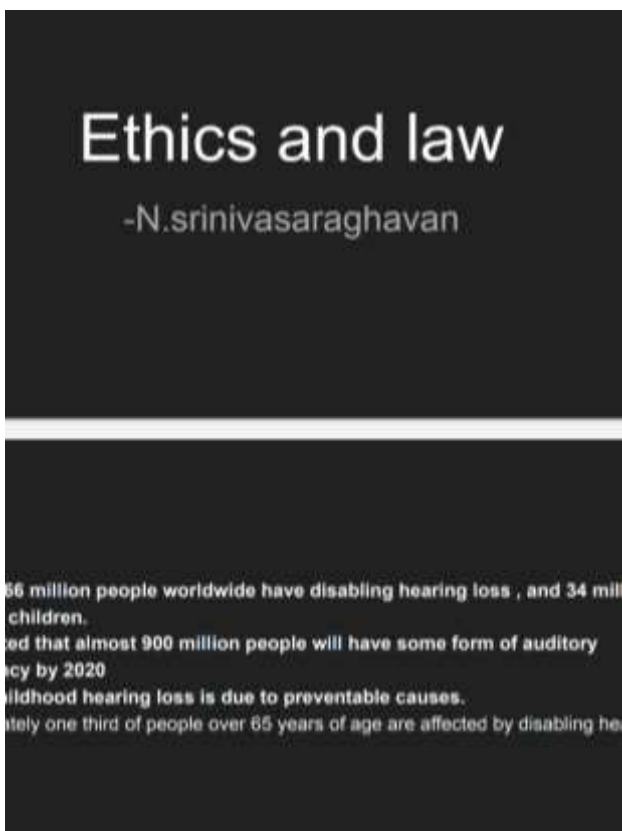
3)LOGO

- These logo is about the wings of deaf people's ear, which flies colourfully with the help of sign languages.
- The logo also included the tooth and the dentistry emblem.
- This logo is designed by Rohith Chandru.K



4) BIOETHICS

- This is a PowerPoint presentation done by Srinivasa Raghavan
- This presentation explains about the law suits and ethical problems we face as a dentists.



Session-2

5)POSTER PRESENTATION

- This poster is done by Priyadharshini.A
- This poster's topic is,"Dental care for hearing impaired patients"
- This poster displays the common sign language chart and the signs which deaf people used to describe their problem.



6)GAMES-Sahana,Santhini,Soofiya snober,Srinidhi

-CONNEXIONS

- This is conducted based on the game show "Connexions"
- Mostly,sign languages and medical terms were asked to find out.

-HANGMAN:

- This game goes by guessing the right word based on four clues.
- For every mistake,the hangman is slowly hanged and atleast completely hanged.

-MEMORY GAME

- This game is designed in a way that 5-6 sign languages will play as a video in fast mode
- The participants has to act and show it immediately.



•

7) QUIZPICABLE ME:

- This is a quiz game conducted mainly to assess the knowledge of the participants about deaf people and sign languages.

Session-3

8) INSTA LOGO DESIGN

- Instagram competition conducted and coordinated by Sakthi manimurugan.
- In Instagram, several online competitions like logo designing, poetry writing, slogan writing were conducted among the dental students.



Winners list:

Poetry

- 1.Surya Gayathri 2nd year
- 2.Pravin R 2nd year
- 3.Lakshika Shri 2nd year

Logo designing

- 1.Nowfiya M 2nd year
- 2.Uncy Jenisha 3rd year
- 3.Kavya Priyadarshini Final year

Slogan

- 1.Pooja Ravi 3rd year
- 2.Supriya Sri Lakshmi Final year

9)MEME DISPLAY

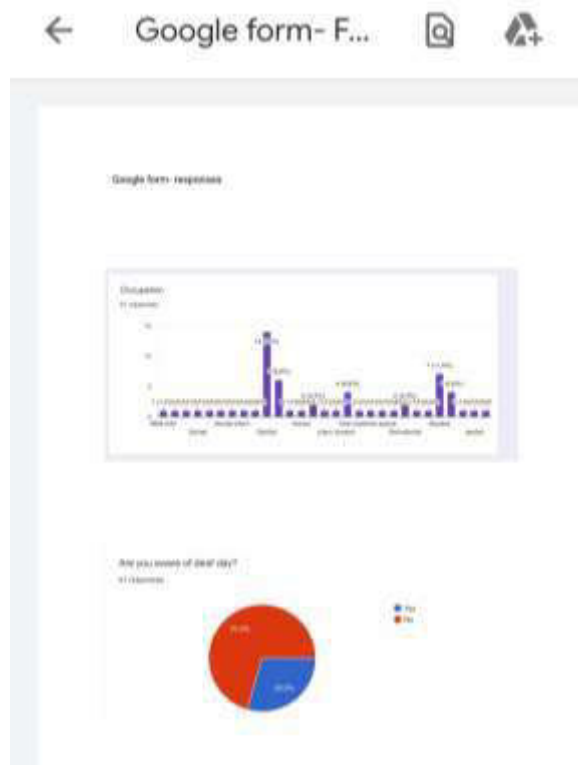
- Several meme pictures and videos were created by Savitha.S
- The meme concept was purely based on medical college scenarios and it's purely for fun.
- Link:<https://drive.google.com/file/d/1InbMt6k3Q2gXqjv5Htk4OqvLOMRjgAy1/view?usp=drivesdk>





10)GOOGLE FORM REVIEW

- This questionnaire is compilation of many articles and some extra questions been added
- This questionnaire study conducted by Sirpika.
- This questionnaire is to assess the knowledge of hearing impaired patients among dentists.This is circulated among dentists as a Google form.
- Link:<https://docs.google.com/forms/d/1sk7kbRYnQiJagVyMmLkf3GoM9HmW0kMinaOEFtbwOmo/edit>
- Total responses:61



10) POEM ORATION

- Poem oration is done by Priyadharshini.A
- This poem is written by Priyadharshini.A, mainly dedicated to all deaf patients.
- This is written in a way to encourage deaf patients to achieve more in their life.



11)VOTE OF THANKS

- Vote of thanks is given by Srinivasa Raghavan.
- He consolidated all the messages and informations that was said throughout the event.

REPORT SUMMARY:

The E batch students of final year BDS,

1. Priyadharshini.A
2. Raksha
3. Rohit chandru
4. Sahana shree
5. Sakthi mani murugan
6. Santhini
7. Savitha.S
8. Sirpika . A
9. Sneha. S
10. Sonasri

11. Soofiya snober

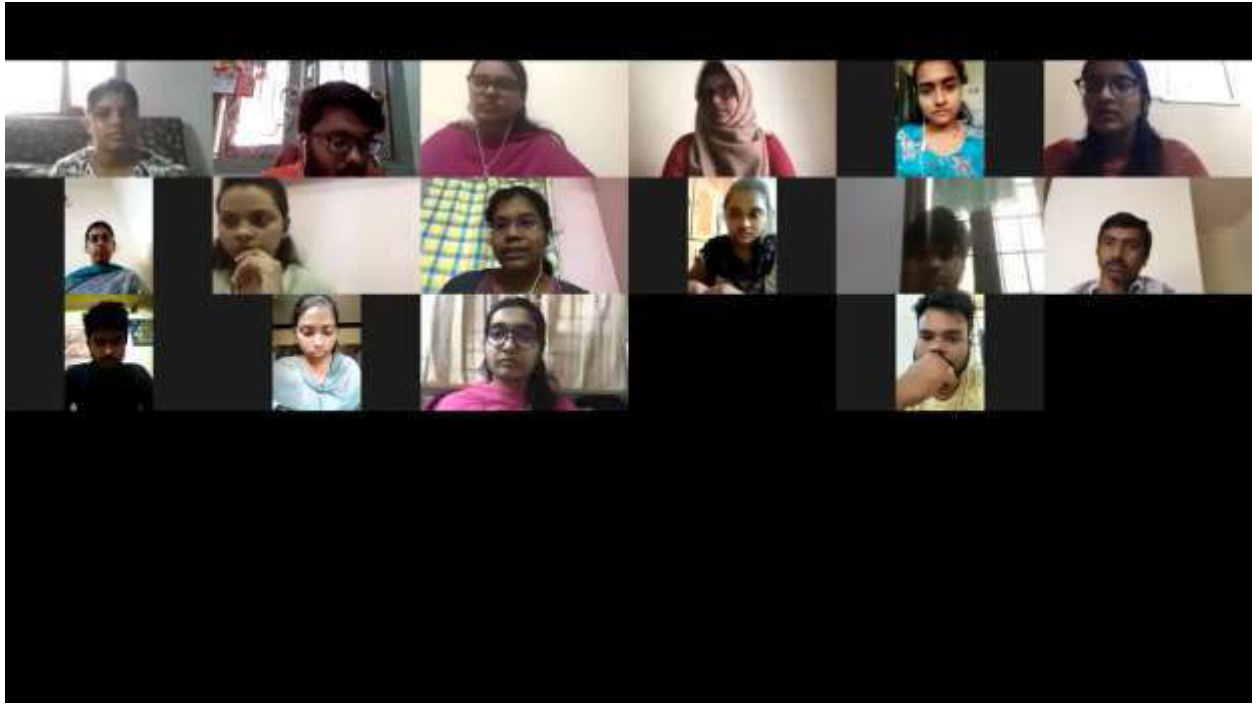
12. Srinidhi. P

13. Srinivasaraghavan

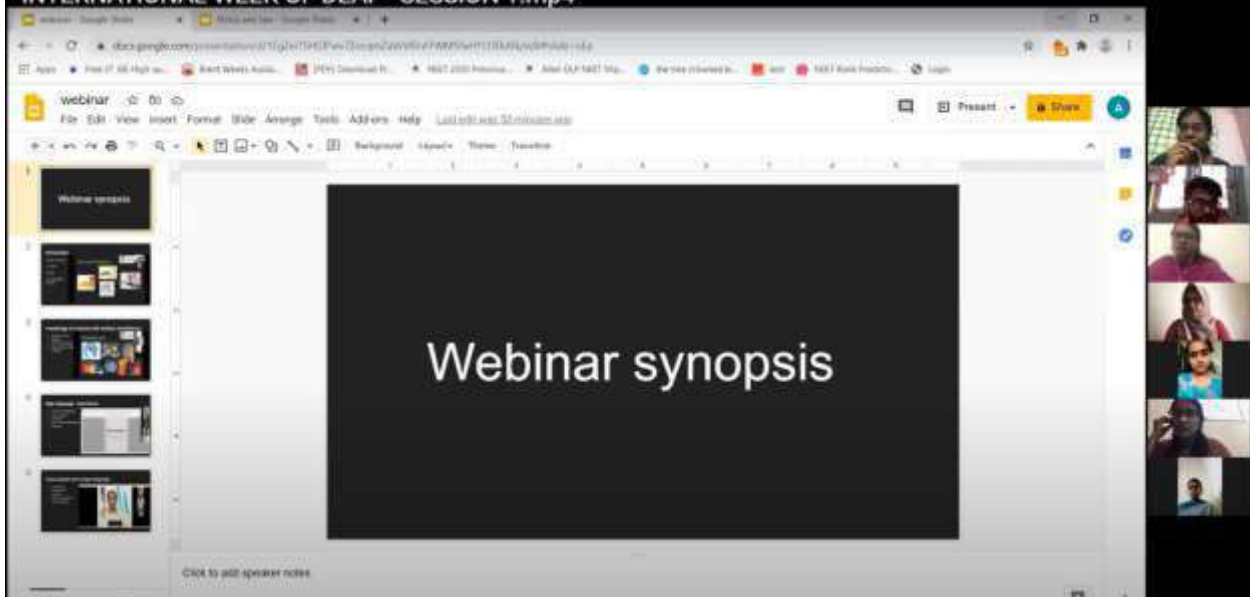
Did an event on "The international week of the deaf" on 11-10-2020 under the supervision of the head of department of Public health dentistry, Dr. Jaganatha. G.V sir.

Photographs:





INTERNATIONAL WEEK OF DEAF - SESSION 1.mp4



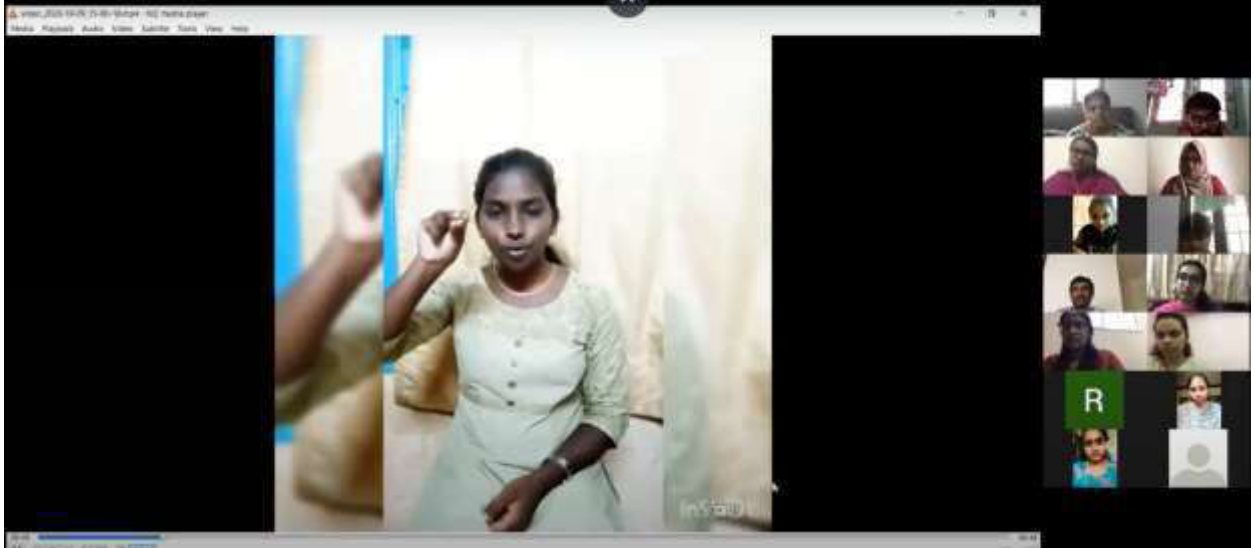
The screenshot shows a Google Slides presentation in a web browser. The title bar at the top reads "INTERNATIONAL WEEK OF DEAF - SESSION 1.mp4". The browser address bar shows a URL starting with "docs.google.com". The slide content is a black rectangle with the text "Webinar synopsis" in white. On the left side, there is a sidebar with a list of slides. On the right side, there is a vertical column of small video thumbnails showing participants in a virtual meeting.

INTERNATIONAL WEEK OF DEAF - SESSION 1.mp4

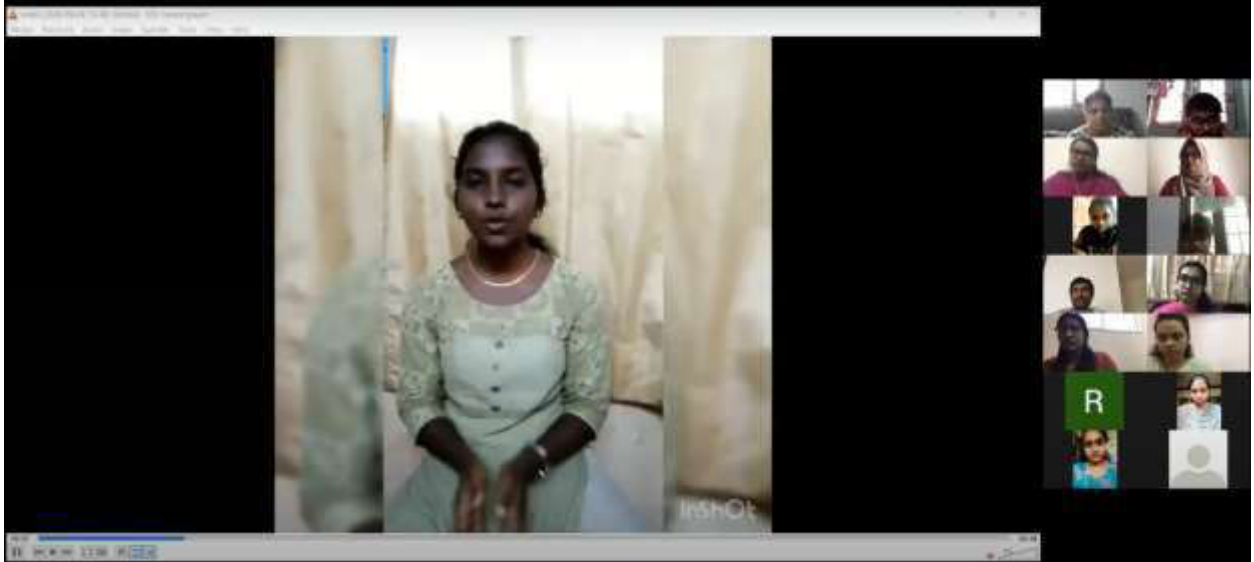
- **Around 466 million people worldwide have disabling hearing loss , and 34 million of these are children.**
- **Its expected that almost 900 million people will have some form of auditory insufficiency by 2020**
- **60% of childhood hearing loss is due to preventable causes.**
- **Approximately one third of people over 65 years of age are affected by disabling hearing loss.**



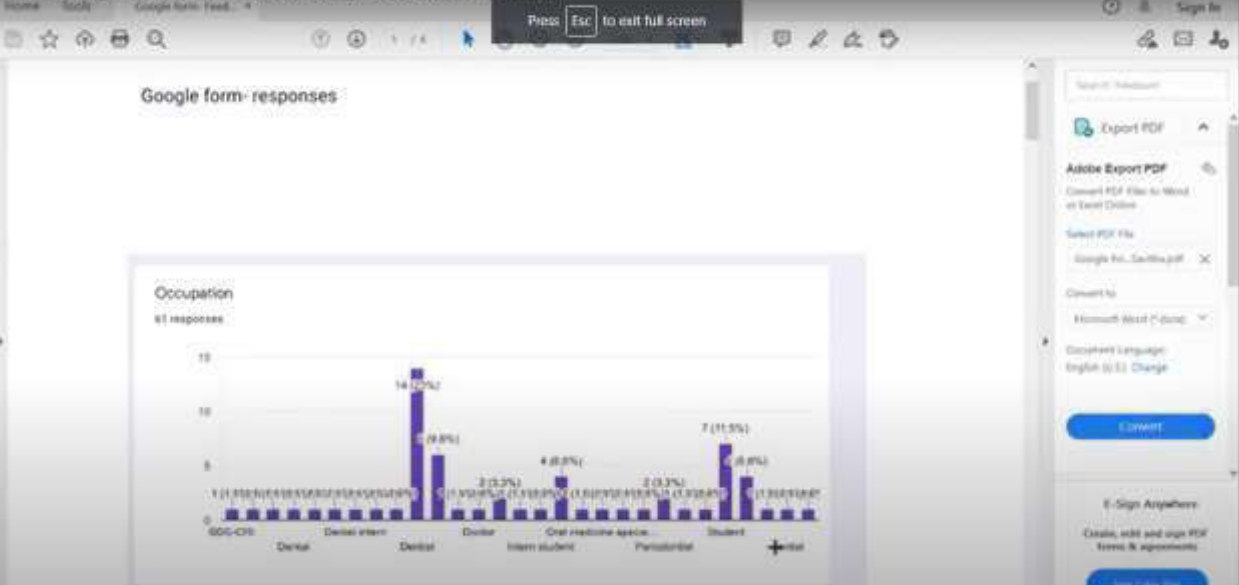
INTERNATIONAL WEEK OF DEAF - SESSION 1.mp4



INTERNATIONAL WEEK OF DEAF - SESSION 1.mp4



INTERNATIONAL WEEK OF DEAF - SESSION 2.mp4



INTERNATIONAL WEEK OF DEAF - SESSION 3.mp4

DENTAL CARE FOR HEARING IMPAIRED PATIENTS.
The symbolic view of things is a consequence of long absorption in images. In sign language the real language of Paradise is Magic Bell.

Types of hearing loss

- Conductive hearing loss
- Sensorineural hearing loss
- Mixed hearing loss

Sign Language

- Hand signs
- Facial expressions
- Body language

Common dental issues

- Tooth pain
- Discoloration of teeth
- Swelling
- Subsides
- Can bleeding
- Tooth decay
- Broken tooth
- Tooth mobility

We can help

- Use visual aids
- Use sign language
- Use simple language
- Use pictures
- Use gestures
- Use facial expressions
- Use body language

If they understand you

- Use simple language
- Use pictures
- Use gestures
- Use facial expressions
- Use body language

We provide a special dental care for deaf patients.

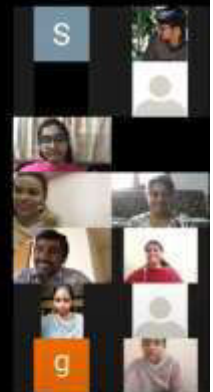


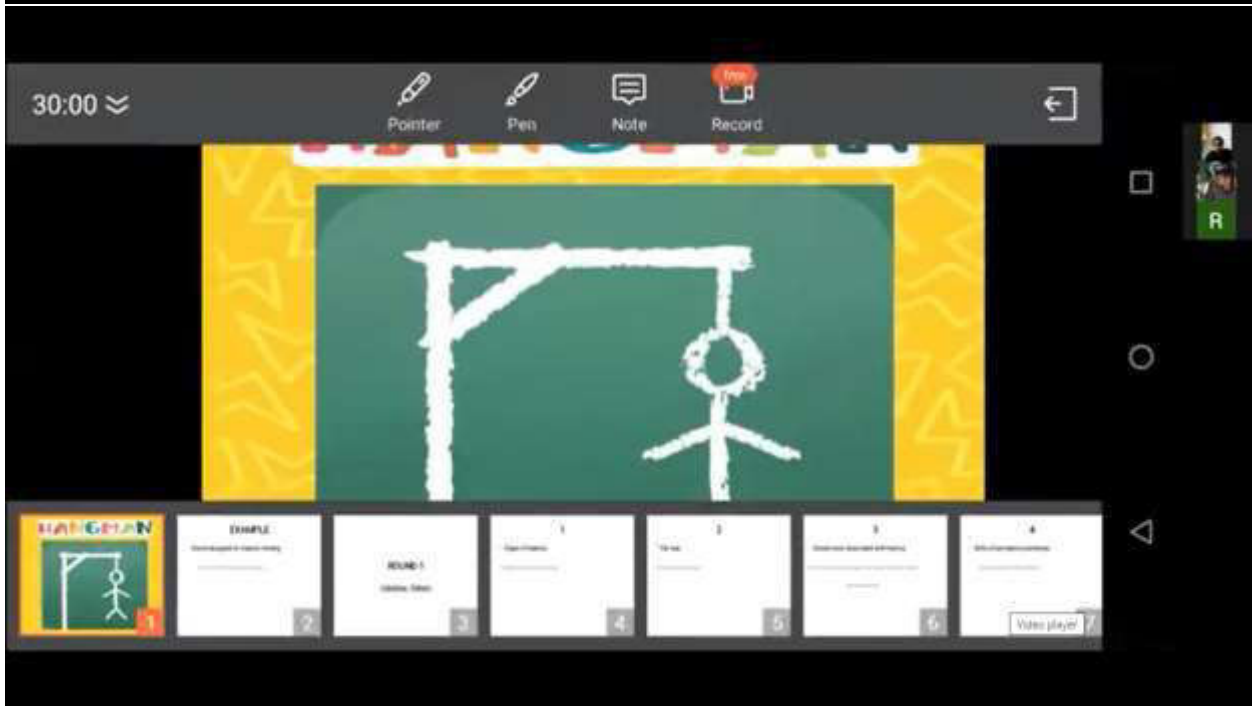
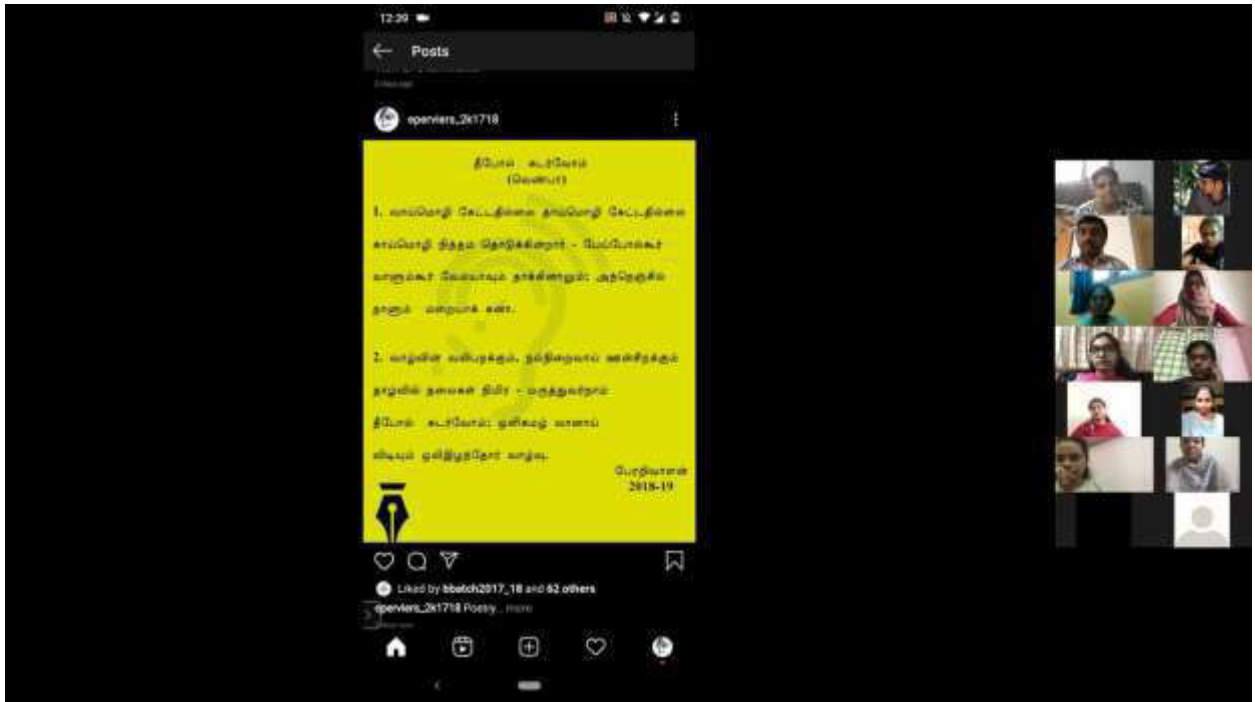
CONNEXTIONS



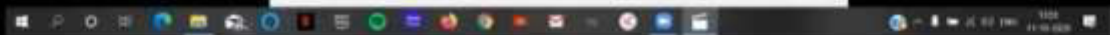
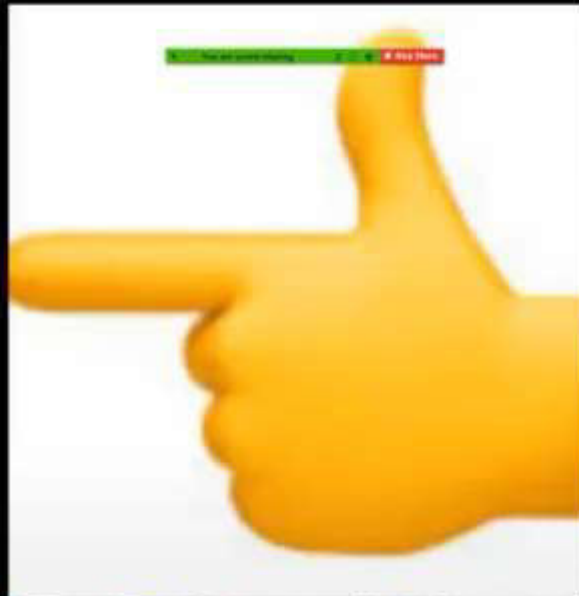
QUIZPICABLE ME

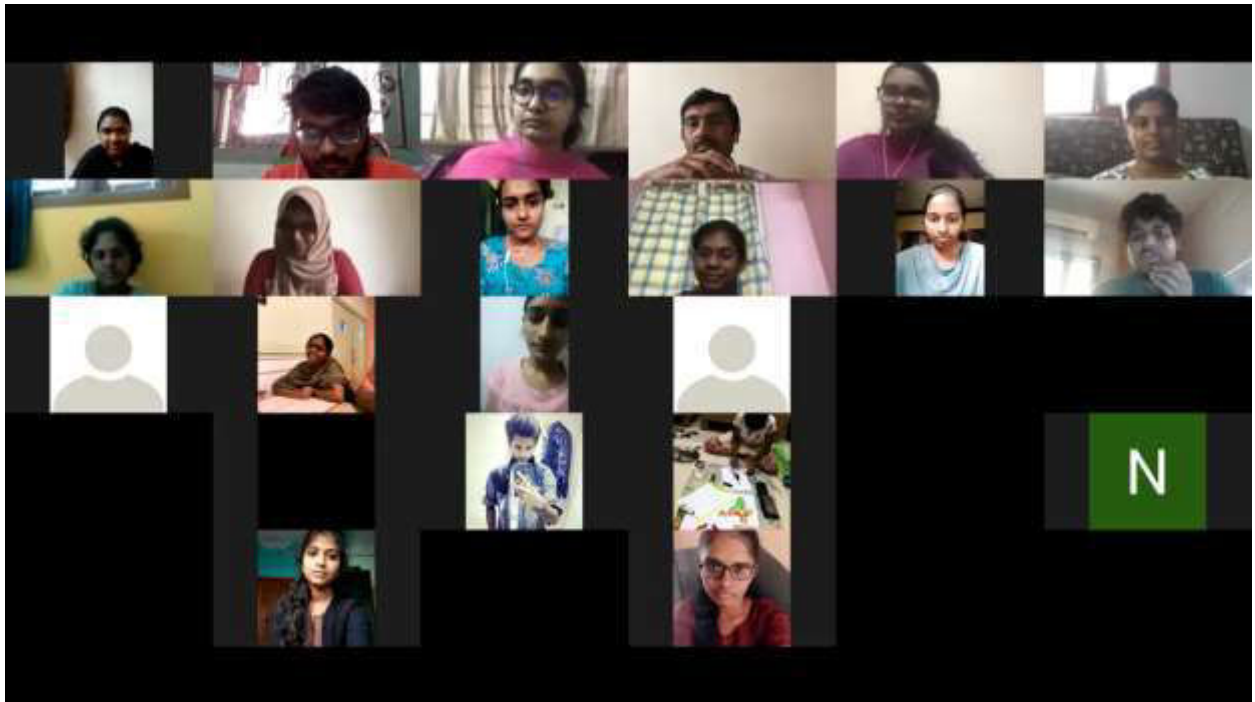






INTERNATIONAL WEEK OF DEAF - SESSION 5.mp4





DEPARTMENT OF PUBLIC HEALTH DENTISTRY
INTERNATIONAL DAY OF THE GIRL CHILD 2020